



# TRAVEL TO LEARN

## ARIZONA OUTFITTERS

### Apache Trail/Tonto National Monument

The Apache Trail is an Arizona scenic drive that everyone must experience. Only a portion of the road is paved and rest is graded with steep sections, parts where you think only one car can pass, but rest assured that the views will make you forget about it all. Once down to the lake, we will set up your camp while you swim, kayak to Roosevelt Dam or just hang out in a hammock and relax. Dispersed and regular camping is available at the lake. Just show up and let us take care of the gear, set up and cooking your meals. We even provide kayaks and canoes.

**NCLUDED:** Accommodations for 2 nights (Cabin or Camping) Camping Gear (tent, sleeping bag, air mattress) 6 Home-Cooked Meals, All Permits and Fees, Hiking Maps, Chef, Guide

**FOOD:** Dinner Friday through lunch on Sunday – A personal chef prepares ethnic dishes, organic, wheat-free, lactose-free, from scratch, using local ingredients, and/or from organic retailers.

**GUIDE:** A personal guide takes you on your hikes.

**FEES:** Fees may fluctuate depending on the gear needed and number of participants.

**DATES:** Check web site for dates or pick your own weekend

**GROUP SIZE:** 2 – 8

**AGE LIMIT:** None

**NOT INCLUDED:** Ground Transportation, Gratuities

| People | Price | Duration        | Accommodations                   |
|--------|-------|-----------------|----------------------------------|
| Solo   | \$150 | 2 Days/2 Nights | Tent, Air Mattress, Sleeping Bag |
| Couple | \$275 |                 |                                  |

*\*Kayak rentals – add \$50/day per boat \*Canoe rentals – add 75/day per boat*

**BOOKING:** Fill out [booking form](#) online. Include number of people in your party and the gear that you will need (sleeping bags, tents, etc)

## **CAMPING OPTIONS: You can choose to stay at a campground or dispersed camping.**

•**CAMPGROUNDS** are maintained facilities with bathrooms and sometimes showers. One or two vehicles can usually fit in a parking area and camping is done near your vehicle.

**PLUS:** It feels safer to many, there are other people, you have access to a bathroom with a door.

**NEGATIVE:** People means noise (sometimes while you try to sleep) little privacy at your campsite, doesn't always feel like you are in nature (depends on the campsite)

•**DISPERSED CAMPGROUNDS** have no designated camp spots, no fire rings and in many cases there are no facilities (toilets or showers). We can set up a shower bag and toilet with privacy.

Tents and camp may have to be set up a short distance from the vehicles but usually not far.

**PLUS:** You are in nature with no distractions from people, you can have a larger fire, privacy

**NEGATIVE:** No access to bathroom or facilities with locking door

### **TOILETS in a DISPERSED CAMPGROUND**

•Dig a hole 6-10 inches deep 200ft from any water, camp or trail. We have a small shovel you can use. Do your thing! Cover the hole back up with dirt, twigs, leaves etc. Paper should be placed in a bag and disposed of.

### **SHOWERS**

•On the way back from your hike on Saturday, you can buy tokens and use the showers at the Cave Springs Campground, 13 miles north of Sedona. We can also set up a shower bag with heated water with as much privacy as possible.

### **FOOD**

•We believe an important aspect of an outdoor experience is to eat healthy, tasty meals. We are prepared to cook complete organic meals using fresh vegetables from local farmer's markets. All meals are planned ahead of time so participants can give the thumbs up. If you have any special needs, please share them with your guide/planner beforehand.

### **RENTAL GEAR**

•Please treat rental gear as your own. Liners or sheets **must** be used in all sleeping bags.

### **DRINKS**

•5 gallons of reverse osmosis drinking water will be available at the campsite. However, please bring your own drinking water for hikes. With cooking, cleaning and providing water for tea, coffee and drinking, we can't bring enough to fill up everyone's Camelbacks and water bottles for hiking.

•Hot water, tea, cocoa and drinking water will be available at all times. Coffee and orange juice will be provided for breakfast. Please plan to bring any other drinks of your choice.

### **GARBAGE**

•If we are in a dispersed camping situation, please leave some room in your vehicle to carry out garbage from the weekend.

### **FIRES**

•Fires are allowed depending on the weather and restrictions. Please know that there is always a possibility of not being able to make a fire.

•Some firewood will be provided but feel free to bring extra.

### **ITINERARY**

## **1st Evening**

Take the Apache Trail and head to our predetermined campsite where dinner will be prepared. We'll set up camp while you relax around the fire or go for a night kayak or canoe paddle.

## **Day 1:**

Get up early and watch the sunrise or sleep in, but when you awake, a cup of freshly pressed coffee or hot tea will be waiting. After breakfast the day is yours to hike, kayak or canoe and explore Apache Lake. Head back for lunch or take it with you.

The day is yours to relax in a hammock, read, or swim. Dinner will be prepared when you get hungry. At night we'll have a fire and some guitar playing.

## **Day 2:**

Although the trip officially ends with lunch, there is plenty of time to kayak or canoe. Take the rest of the day to visit Tonto National Monument, the Roosevelt Dam and Lake Roosevelt. Then, follow the Apache Trail back to Apache Junction.

## PACKING

### Gear we provide

X Cooking and eating utensils kit  
X First-aid

X Food (3 meals per day + some snacks)  
X Camping gear (tent, sleeping bag, air mattress)

### Checklist of what you should bring

\* Please bring photo ID

\* The time of year you visit will dictate the type of clothing you take. Please check the weather.

#### Clothing

\_\_\_\_ Fleece or wool sweater  
\_\_\_\_ Hiking pants and hiking shorts  
\_\_\_\_ T-shirts  
\_\_\_\_ Hiking socks  
\_\_\_\_ Liner socks  
\_\_\_\_ Swim Suit  
\_\_\_\_ Sun hat

#### Outerwear

\_\_\_\_ Lightweight, waterproof rain jacket or poncho  
\_\_\_\_ Lightweight, breathable, waterproof rain pants

#### Footwear

\_\_\_\_ Sturdy hiking boots, broken-in with aggressive tread  
\_\_\_\_ Water Sandals  
\_\_\_\_ Camp shoes-tennis shoes, sandals or flip flops

#### Toiletries and Accessories

\_\_\_\_ Biodegradable soap/shampoo  
\_\_\_\_ Toothbrush  
\_\_\_\_ Toothpaste  
\_\_\_\_ Sunscreen and lip balm  
\_\_\_\_ Aloe Vera or Lotion  
\_\_\_\_ Hand wipes  
\_\_\_\_ Toilet paper  
\_\_\_\_ Insect repellent  
\_\_\_\_ 100oz of water  
\_\_\_\_ Towel  
\_\_\_\_ Small personal first aid  
\_\_\_\_ Ziploc bags  
\_\_\_\_ Flashlight or headlamp

#### Luggage

\_\_\_\_ Daypack (2000-2500 cu. in) that can carry at least 100oz of water, lunch and your accessories: camera, sunscreen, extra socks, rain gear, etc.

#### Optional Gear

\_\_\_\_ Camera, film and batteries  
\_\_\_\_ Binoculars  
\_\_\_\_ Watch with alarm or travel clock  
\_\_\_\_ Spare contact lenses or glasses  
\_\_\_\_ Games, toys, Frisbee, cards etc.  
\_\_\_\_ Reading/writing material  
\_\_\_\_ Hiking poles